

Oxygen-Ozone Therapy and Physical Activity in Humans, Riva Sanseverino E., Castellacci P.,
Institute of Human Physiology, University of Bologna-Bologna, Italy.-1995

Abstract: On the basis of the circulatory and biochemical positive effects of the oxygen-ozone therapy, a study was programmed in order to check if physical activity in humans is improved by treatment with medical ozone administered by means of the major autohemoinfusion (AHT). Preliminary observations indicate that physical activity, performed 12-24 hours after one or several administrations of medical ozone, is improved by 8-12%. Long term performances for a better effectiveness are in progress.