

OZONE MEDICAL APPLICATION IN THE TREATMENT OF SENILE DEMENTIA.

M. M. Rodríguez, J. García, S. Menéndez¹, E. Devesa, R. González².
10 de Octubre Clinical-Surgical Hospital, Cuba.
1Ozone Research Center,
2Santos Suárez Clinical-Surgical Hospital, Cuba.

In geriatrics, the concept of health is defined in terms of function, the healthy elderly is not that one, who lacks any pathology, but one who has the capacity to autonomy. Dementia is, probably, one of the most fearful diseases for the aging and worse-managed from the clinical point of view, which aggravates still more its prognosis, not only for the patient but also for the society in which he or she lives. This study is performed by means of the application of daily rectal ozone (20 sessions) to patients suffering from senile dementia (vascular, degenerative or mixed etiology), in doses according to the enzymatic status of each patient. All elderly persons that assisted to the Geriatric Department in Salvador Allende Hospital, during January/91 to February/95 were evaluated by clinical examination, psychometric tests, Hachinsky Scale, Katz index, Hamilton test (for depressive symptoms) and the Minimental Test (MMT) at the beginning and at the end of the treatment. An important improvement was attained in the accomplishing of daily life activities, for all kind of dementia, with an enhancement in the quality of life. Any side effect was observed. This therapy is recommended in the treatment of senile dementia.